



THE PRESTON
HEALTH CENTER



PEACE OF MIND WITH EXCEPTIONAL CARE.

A UNIQUE
HEALING EXPERIENCE



A Full Range of Services Close to Home.

THE PRESTON HEALTH CENTER offers expert medical care in a warm, healing environment. Our doctors, nurses and therapy specialists dedicate themselves to meet the unique needs of our senior residents. When those needs change, so do the level and focus of our care. For residents and their families, The Preston isn't just a facility to feel better in; it's a place to feel great about.

Short-Term Rehabilitation



The Preston offers an array of rehabilitative services designed to help residents regain their independence after a stroke, surgery or injury. With an emphasis on rebuilding strength, coordination and essential life skills, our medical team works together to get residents back on their feet and back to their lives. **Short-term care features include:**

- **Physical therapy** to help rebuild strength, balance and coordination
- **Occupational therapy** to reinforce essential life skills like eating and getting dressed
- **Speech therapy** to improve impacted speech, mouth dexterity and safe chewing/swallowing
- A resident-focused environment with planned activities and outstanding cuisine



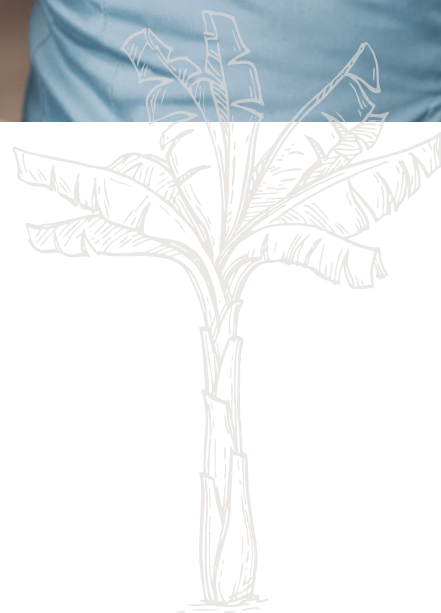


Long-Term Care

Long-term residents at The Preston are part of a tight-knit community all their own. In addition to receiving a continuum of expert medical care, long-term residents benefit from daily social activities and interaction, restaurant-quality cuisine and comfortable, apartment-style living.

Long-term care features include:

- Fully furnished, upscale private rooms
- A full calendar of social activities and events
- Cuisine prepared by The Cypress' culinary team
- 24/7 supervision and on-demand assistance



Memory Care



Addressing the challenges of cognitive impairments like Alzheimer's disease and dementia can take a significant toll on seniors and their families. The Dogwood Neighborhood at The Preston Health Center is specifically designed and staffed to help meet the unique needs of our memory-care residents. **Memory care features include:**

- 24-hour supervision
- Private suites
- A customized medical plan for every resident
- Social interaction inspired by a calendar of planned activities

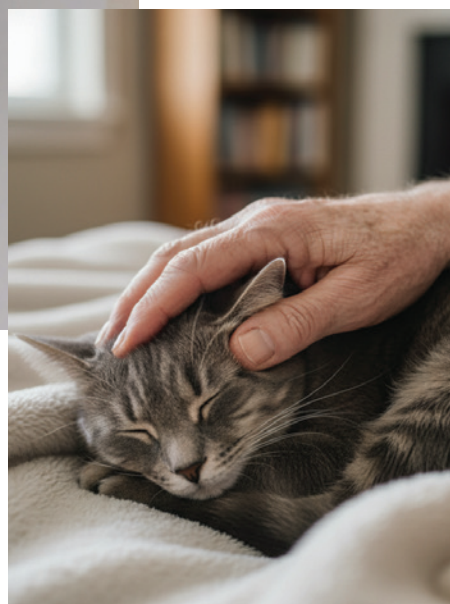


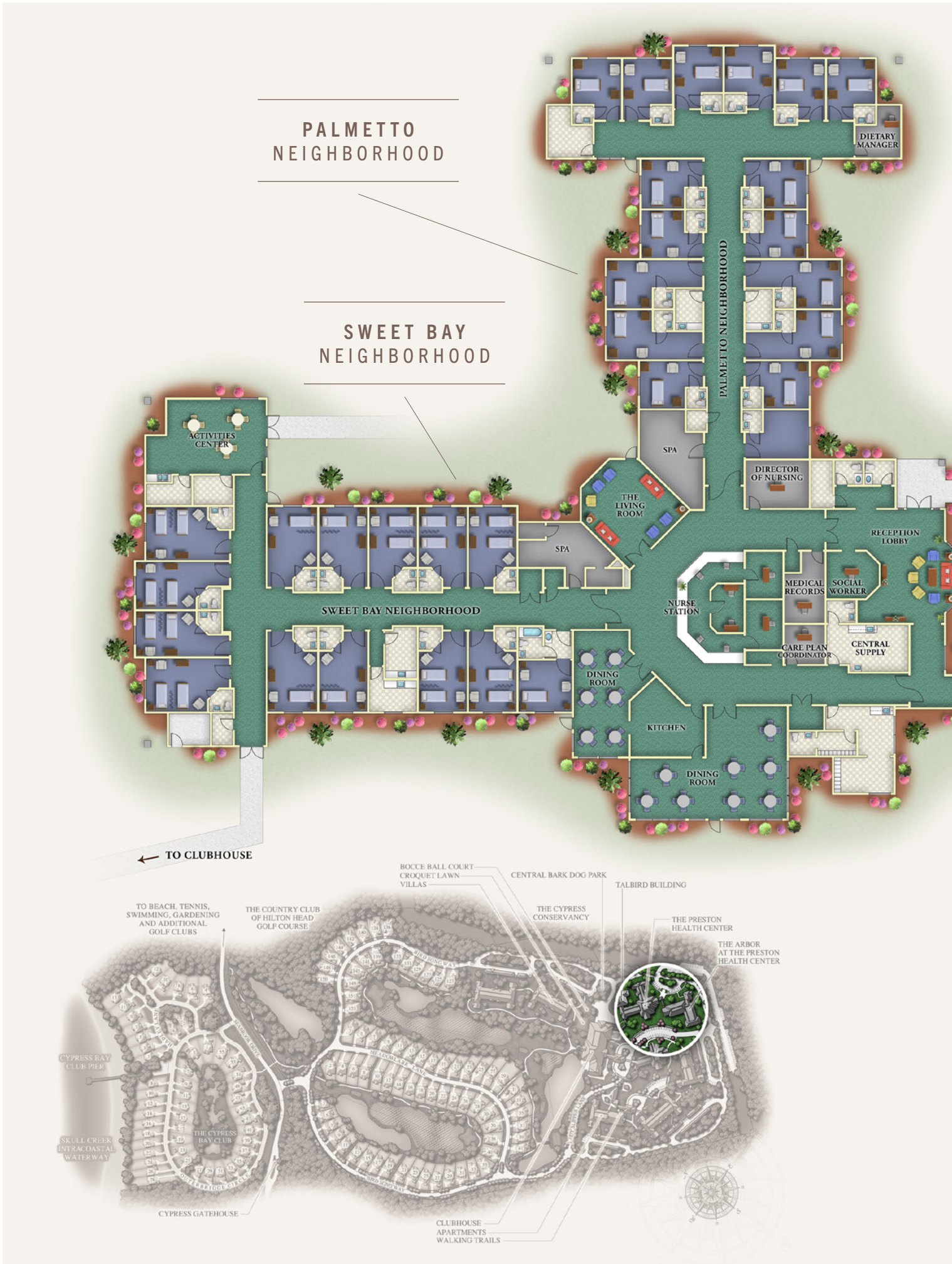
A Space to Call Your Own

While we provide the essentials, we encourage you to make your space truly yours. We invite residents to bring cherished belongings, personal mementos, and family photos to create a familiar, homey atmosphere. Best of all, your four-legged family members are welcome to join you, ensuring that “home” includes everyone you love.

Our private and semi-private rooms are equipped for modern life, and include:

- High-speed Wifi
- Premium Cable TV
- Private phone lines







DOGWOOD NEIGHBORHOOD

MAIN ENTRANCE

FAMILY LOUNGE

DOGWOOD NEIGHBORHOOD

MUSIC ROOM

KITCHEN

DINING ROOM

SPA

THERAPY GYM

THERAPY OFFICE

COURTYARD

ARBOR NEIGHBORHOOD

LIVING & DINING ROOM

THE ARBOR NEIGHBORHOOD

TO THE ARBOR PARKING

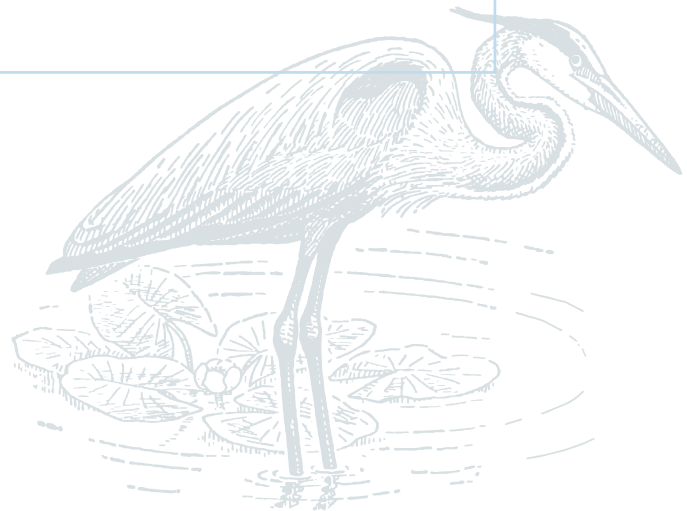




Open to All

Ideally situated on the beautiful campus of The Cypress of Hilton Head, The Preston Health Center is a Medicare-certified facility providing short-term, long-term and memory care services to both residents and non-residents of The Cypress community.

Please call 843.689.7077 to learn more
and to schedule a visit.





THE PRESTON
HEALTH CENTER

87 BIRDSONG WAY, HILTON HEAD ISLAND, SC 29926

TEL—843.689.7077

theprestonhealthcenter.com

